

North Country Ministries Invites You To Two Great Events

FREE Ironman Pancake Breakfast

Saturday, July 22, 2006

8:30 – 11:00 AM

At the Oval



All Ironman participants, their families and friends, as well as Ironman staff and volunteers are invited to attend this FREE Pancake Breakfast. No reservations are required. We hope to see you all there.

Ironman Prayer & Celebration Service

Saturday, July 22, 2006

At 5:30 PM

At Lake Placid Baptist Church

2253 Saranac Avenue, Lake Placid, NY 12946

(At the corner of Saranac Ave and Victor Herbert Road)



- *Everyone is invited
- *Uplifting music
- *Inspirational stories by Ironman athletes
- *Message by Pastor Derek Spain
- *Time of prayer for the Ironman athletes, asking God's blessings on them as they compete in Sunday's race
- *Special activities for kids (sports, music, crafts) in the church gym for ages 10 and under
- *Childcare for kids 4 and under in the preschool/nursery rooms

For more info contact:

North Country Ministries

Lake Placid, NY

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Ministry Partners:



www.fcaendurance.org



www.ironprayer.com