

North Country Ministries
invites you to 2 great events



FREE! Ironman Pancake Breakfast

- Everyone is Invited
- Sat, July 23rd @ 7:30-9:30 AM
- @ the Oval, near the Finish Line
- All-You-Can-Eat Pancakes
- Juice & Water
- Your choice of Syrups (Adk Pure Maple or Butter-Flavored)

Ironman Prayer & Celebration Service (aka, IronPrayer)

- Everyone is Invited
- Sat, July 23rd @ 5:30-6:30 PM
- @ Lake Placid Baptist Church,
2253 Saranac Ave. LP, NY 12946
- Great music, stories from Ironman athletes, special message by Pastor Derek Spain, and prayer time for athletes, asking God's blessing on them for race day and beyond
- Special activities for kids age 10 and under, including a "bounce house" and other activities in the church gym
- Toddler/nursery care in the church nursery



For more info on either of these events:

Visit us at www.ncministries.net or call Derek at 518-524-4179