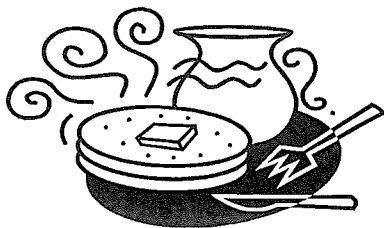


Join us for our  
Ironman Triathlon  
**PANCAKE BREAKFAST!**



Presented by our **SR YOUTH MINISTRY** (S.U.R.G.E.),  
**JR YOUTH MINISTRY** (HIGH OCTANE) and the **YOUNG ADULT MINISTRY**

**Saturday - October 8, 2011**  
**7:00 am to 10:30 am**  
**Moku'aikaua Church Activity Center**

MENU:

- \* All the PANCAKES you can eat with topped with  
Fresh Bananas, Strawberries and/or Macadamia Nuts
- \* Fresh Coffee, Hot Cocoa and/or Hot Tea
- \* Your 1st serving of pancakes includes:  
Three (3) sausages & a cup of Orange Juice

**Suggested Donation: \$7 per person**  
**\$3 per child (3 - 5 years old)**  
**Free (2 and under)**

All proceeds will benefit our these Ministries which includes  
Leadership Camps, Scholarships and Community Outreach!

For more info please  
contact our Youth Minister Mikey at 936-7607